

**ADVANCED MARTIAL SCIENCE: VOLUME 2**

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## **Full text of "Martial Arts of the World"**

Chinese martial arts, often named under the umbrella terms kung fu and wushu ( ??; w?shù), . When this book spread to East Asia, it had a great influence on the . any martial training, as a student cannot progress to the more advanced stages without them. . There are two general types of taolu in Chinese martial arts.

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