

**THE A - Z OF VEGETABLE HEALING (THE A - Z OF
HEALING)**

Mae F. Daffin

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Fresh figs are delicious as a snack, especially with Greek yoghurt and a drizzle of honey. Muganga R. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

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Inhibition of advanced glycation end product formation by medicinal plants Phenolics To assess total phenolics, the Folin-Ciocalteu procedure was performed as described by Waterhouse [25].